



Jessica White, Esq., SPHR
Human Resources Risk Advisor

Jessica grew up in Minneapolis, Minnesota and relocated to San Diego in 2015. After her time in the US Army, she graduated Summa Cum Laude from the College of St. Scholastica with a BA in Business Management with emphasis in Human Resources. She then went on to receive a JD from Hamline University School of Law, where she graduated on the Dean's List with several academic awards for the highest grade in the class. Her successful law school career also included prestigious internships with the Minneapolis office of the Equal Employment Opportunity Commission (EEOC), where she evaluated charge investigations and mediated disputes, and the Minnesota Court of Appeals, where she drafted several Court decisions.

Jessica came to Cavignac & Associates with over 15 years of experience in human resources, 10 years of which were in management. After becoming a licensed attorney, she opened her own firm, where she and her staff provided human resources consulting and employment litigation services primarily for the small business community. The firm quickly established a strong reputation within the local small business community because of Jessica's extensive knowledge of human resources and employment law and the close relationships she developed with her clients.

Jessica was voted in as "Favorite Attorney" in the Minnesota Women's Press magazine. She was also repeatedly recognized by New Business Minnesota newspaper, for which she was a published author, a recognized "Resource Hero", and seminar presenter. Jessica was also a successful litigator who routinely obtained successful/favorable employment-related verdicts, appeals, and settlements for her clients.

Jessica has obtained her Senior Professional in Human Resources (SPHR) designation. She also maintains her license to practice law, which helps her stay abreast of developments in the employment law arena.

Jessica works as Cavignac & Associates' HR Risk Advisor. She works directly with clients as a consultant providing guidance, advice, and assistance with a wide variety of human resources practices. Her unique combination of experience as an HR Director, HR Consultant, and Employment Litigator make her an excellent fit for this role.

Jessica lives with her two children, Alex and Nylah, who are both in middle school. She is passionate about traveling, music, and philanthropy. She enjoys camping, hiking, swimming, snorkeling, kayaking, biking, listening to and playing music, and reading.