

OSHA Construction 10-Hour Training

A comprehensive training designed for construction industry workers and employers on the recognition, avoidance, and prevention of safety and health hazards found in the workplace



This program also provides information on employer responsibilities, workers' rights, and the complaint process.

Today, an increasing number of customers are requiring this OSHA certification from their contractors. Several states have already made it a requirement for jobs and more are expected to follow this trend.

Topics to be covered over the 2-day course:

- Struck By and Caught In or Between Hazards
- Electrical Safety
- Fall Protection
- Ladder Safety
- Excavation Safety

- Scaffold Safety
- Materials Handling
- Crane Safety
- Personal Protective Equipment (PPE)
- Confined Space Entry

WHERE: Cavignac & Associates, 450 B Street, Suite 1800, San Diego, CA 92101

WHEN: Thursday & Friday, April 10th & 11th - 6:30am registration/Program 7:00am-1:00pm

Complimentary continental breakfast and light lunch is included

Validated parking in the 450 B Tower

PRESENTER: Amy Leung, CSP, ARM, Risk Control Advisor for Cavignac & Associates and

OSHA-Authorized Construction Trainer

COST: Offered at a reduced rate of \$150 for Clients / \$175 for Prospective Clients

Cost includes Certificate of Completion given at the end of the course and OSHA 10

card, which follows via mail.

REGISTER: Click on the registration link in the announcement email or reply to Bethany

Mongold - 619-234-6848 / mongold@cavignac.com. Pre-registration is required

for this event.