



Managing COVID-19 Cases and Exposures

Positive COVID-19 Test or Symptoms	Exposed to Someone with COVID-19 But No Symptoms
Applies to everyone regardless of vaccination status or previous infection.	Applies to everyone regardless of vaccination status.
Instruct worker to: <ul style="list-style-type: none"> Stay home and isolate for at least 5 days, Get tested (antigen preferred) on Day 5 	Instruct worker to: <ul style="list-style-type: none"> Get tested 3-5 days from last exposure, Wear a mask around others for 10 days, If test result is positive, stay home and isolate.
End isolation on DAY 6 if: <ul style="list-style-type: none"> Test negative, AND No fever for 24 hours without taking fever-reducing medication, AND Symptoms are gone or going. 	<ul style="list-style-type: none"> If the worker had COVID-19 within the last 90 days: No need to test unless symptoms start. If symptoms start, have worker isolate and get tested.
End isolation on DAY 10 if: <ul style="list-style-type: none"> Test is positive on Day 5 or doesn't test, AND No fever for 24 hours without taking fever-reducing medication. 	Regardless of vaccination status, previous infection, or lack of symptoms, a worker must wear face coverings in the workplace for a total of 10 days after a close contact.
Wear a mask around others for 10 days after the start of symptoms or a positive test.	

COVID-19 California Worker Benefits:

- California Paid Sick Leave or Local Paid Sick Leave
- If a worker can't work because they have COVID-19 or are near someone who has it, they can file a [Disability Insurance \(DI\)](#) claim
- If worker can't work because they are caring for a family member with COVID-19, there is help for their lost wages. File a [Paid Family Leave \(PFL\)](#) claim

COVID-19 Testing

Employers must make COVID-19 testing available at no cost, during paid time, to all employees of the employer who had close contact in the workplace and provide them with the notice requirement.

Employer Notice Requirement

Within one business day, provide individual written exposure notice to all who were in close contact with COVID-19 in the workplace. Alternatively, post a notice for at least 15 days on an existing employee portal, bulletin board, or any other informational tool used for workplace communication for employees.

For more information regarding the California Department of Public Health Quarantine and Isolation guidelines click [here](#). Or Contact a member of Cavignac's Risk Control department for guidance.